



Deer Valley Unified School District

Ms. Tara Daley

Health

Rm #A177

623-376-3177

tara.daley@dvusd.org

<https://www.dvusd.org/Domain/2919>

Course Description:

This course is aligned with Arizona College and Career Ready Standards and/or national standards and supports school-wide efforts to increase student achievement. The Health curriculum of DVUSD is correlated with the Arizona State's Health Essential Skills. It has been designed and developed to allow the integration of concepts found in the district's AIDS, Substance Abuse, and Human Growth/Sexuality curricula. The curriculum does not limit nor restrict itself to these issues; rather it incorporates other concepts essential to every health curriculum.

Course Objectives:

By the time the students complete this course of study, the student will know or be able to:

- Comprehend concepts related to health promotion and disease prevention.
- Demonstrate the ability to assess valid health information and health-promoting products and services.
- Demonstrate the ability to practice health-enhancing behaviors and reduce health risks.
- Students will analyze the influence of culture, media, technology, and other factors on health.
- Demonstrate the ability to use interpersonal communication skills to enhance health.
- Demonstrate the ability to use goal-setting and decision-making to enhance health.
- Demonstrate the ability to advocate for personal, family, and community health.
- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Course Standards:

H.HS.S1.C1 - H.HS.S1 Concept 1: Understand Relationship between Health Behaviors and Health HS.S1.C1
H.HS.S1.C2 - H.HS.S1 Concept 2: Understanding Multiple Dimensions of Health HS.S1.C2
H.HS.S1.C3 - H.HS.S1 Concept 3: Understanding Personal Health HS.S1.C3
H.HS.S1.C4 - H.HS.S1 Concept 4: Understanding Prevention of Injuries and Health Problems HS.S1.C4
H.HS.S1.C5 - H.HS.S1 Concept 5: Understanding Use of Health Care HS.S1.C5
H.HS.S1.C6 - H.HS.S1 Concept 6: Understanding Healthy vs. Unhealthy Behaviors HS.S1.C6
H.HS.S2.C1 - H.HS.S2 Concept 1: External Influences on Personal Health HS.S2.C1
H.HS.S2.C2 - H.HS.S2 Concept 2: Internal Influences on Personal Health HS.S2.C2
H.HS.S2.C3 - H.HS.S2 Concept 3: Influence of Public Policy on Health HS.S2.C3
H.HS.S3.C1 - H.HS.S3 Concept 1: Knowledge of Sources of Help HS.S3.C1
H.HS.S3.C2 - H.HS.S3 Concept 2: Accessing Help HS.S3.C2
H.HS.S4.C1 - H.HS.S4 Concept 1: Communication to Enhance Health HS.S4.C1
H.HS.S4.C2 - H.HS.S4 Concept 2: Self-Protection and Dealing with Conflict HS.S4.C2
H.HS.S4.C3 - H.HS.S4 Concept 3: Asking for Help HS.S4.C3
H.HS.S5.C1 - H.HS.S5 Concept 1: Influence on Healthy Decision Making HS.S5.C1
H.HS.S5.C2 - H.HS.S5 Concept 2: Application of Decision-making Skills to Health HS.S5.C2
H.HS.S6.C1 - H.HS.S6 Concept 1: Assessment of Health HS.S6.C1
H.HS.S6.C2 - H.HS.S6 Concept 2: Health Related Goal Setting HS.S6.C2
H.HS.S7.C1 - H.HS.S7 Concept 1: Personal Responsibility for Health HS.S7.C1
H.HS.S7.C2 - H.HS.S7 Concept 2: Healthy Practices and Behaviors HS.S7.C2
H.HS.S8.C1 - H.HS.S8 Concept 1: Personal Advocacy HS.S8.C1
H.HS.S8.C2 - H.HS.S8 Concept 2: Collective Advocacy HS.S8.C2
H.HS.S8.C3 - H.HS.S8 Concept 3: Tailoring Advocacy Messages to Audience HS.S8.C3

Course Content:

The Health curriculum of DVUSD is correlated with the Arizona State's Standards. It has been designed and developed to allow the integration of concepts found in the district's AIDS, Substance Abuse, and Human Growth/Sexuality curricula. The curriculum does not limit nor restrict itself to these issues; rather it incorporates other concepts essential to every health curriculum. Below is a course outline of possible topics which may be discussed in class.

- Your Health (responsibility, self-esteem, decision-making, goal setting, refusal strategies, conflict resolution skills, character)
- Mental/Emotional Health (understanding needs/emotions, stress management)
- Nutrition (healthy diet, nutrients, food guide pyramid, food labels, eating disorders)
- Drugs (addiction, tobacco, alcohol, illegal drugs)
- Body Systems (Male and Female Reproduction)
- Family and Social Health (relationships, personal safety, internet safety, cyber bullying, STD's, HIV/AIDS)
- First Aid/CPR

Classroom Rules and Consequences:

Each student is expected to conduct him/herself in a manner that is appropriate to learning, which includes but is not limited to the following:

- Be respectful to self, others, and all property.
- No use of profanity
- No food or drinks, **NO PHONES will be allowed.**
- All policies/consequences listed in the student handbook will be followed.

Grading Scale:

100% - 90%	=A
89% - 80%	=B
79% - 70%	=C
69% - 60%	=D
59% - 0%	=F

Grade Book Weighting:

80% Assessment	
<u>20% Classwork</u>	
18 week grade	=100%

No extra credit will be awarded.

Report Cards

In an effort to conserve resources and harness the capacity of our electronic grade reporting program (PowerSchool) district schools will no longer print hard copies of report cards unless requested by individual parents. To request a hard copy of your student's report card, please contact the front office at 623-376-3000. To receive your PowerSchool login, please stop into the office with a valid photo ID.

Power School Online Access:

Grades and attendance may be accessed 24 hours a day online with your Power School access code. Access codes are available in the Counseling Office or Front Desk Monday – Friday 7:00 AM– 3:30 PM. You may check student progress regularly on the PowerSchool site using the same login for one or more students. For Mountain Ridge parents/guardians without home computer access, a computer with guest log-in capability is available in the Counseling Conference Room.

Academic Assistance/Office Hours:

In addition to the Academic Prep times built into our schedule each week, additional assistance/tutoring is provided on a weekly basis both by MRHS and individually by instructors. These office hours will be posted in my classroom, website, and/or Canvas at the start of each week. I will demonstrate to the students how to find my availability each week.

Make-up Policy:

Absences: After an absence, a student has one school day for each day missed to make up work/tests, regardless of the number of days absent. If many days were missed, please schedule an appointment with me to formulate a plan for the completion of make-up work. Make-up work for extended absences (over 3 days) may be requested through the Counseling Office and picked up there.

Late Assignments Policy:

In order for **Late Work** to be accepted, students must meet the following parameters:

- Assignment is not due within the class period
- Assignment is not a timed activity (such as a Quick-Write Essay)
- Assignment is not a Long-Term assignment (over multiple weeks)
- Assignment is turned in by the end of the instructional unit
(No longer 5 days after Unit ends)

Classwork Policy: In-class assignments may be due by the end of the class period. You will receive time to complete in class.

Test Retakes – Assessment Category Only

The student completes another assessment of the same learning targets. The assessment to be retaken may be in the same format or a different format and will be at the same difficulty level. The higher of the two scores will be entered in the gradebook.

To earn a retake opportunity, a student must complete all of the following:

- Consult with the teacher
- Submit a reassessment plan or application, if required by the teacher
- The reassessment plan may include formative coursework related to the content/skill assessed

Reassessment Plan:

- The student must initiate contact with the teacher within 5 school days of the assessment score being posted.
- The student must communicate with the teacher to create a reassessment plan.

AI Statement:

In Deer Valley Unified School District, we are committed to providing our students with the best possible education while ensuring their safety, privacy, and well-being. As part of our ongoing efforts to enhance learning experiences, we may incorporate the use of Artificial Intelligence (AI) in the classroom for students. However, it is important to approach this technology with caution and adhere to responsible data privacy practices.

DVUSD has determined that the use of Large Language Models (LLMs), such as ChatGPT, is prohibited unless clearly specified by your teacher. Specific guidelines will be provided in the

assignment details. If you are unsure if the tool or website you are using is an LLM or if it is permitted on a specific assignment, please contact your teacher before submitting your work.

Daily Device Use (iPads)

Students should come to school with their iPads charged and ready to use in each class every day. Devices may not be used to record or take photos of other people without their consent. Consequences for classroom disruptions and misuse of devices will follow a progressive discipline model, beginning with a phone call home and progressing to office referrals for repeated or more serious offenses. See the Student Rights and Responsibilities consequence chart in the handbook for more specific descriptions of infractions and consequences.

Recommended Supplies for this Course:

Students should have a folder to keep their assignments organized, paper, writing utensil, and a fully charged iPad each day they come to class. **It is the students' responsibility to make sure they come to class prepared and ready to learn.**